

Other important information

"O you who believe! when you rise up to prayer, wash your faces and your hands as far as the elbows, wipe your heads and your feet to the ankles..."

Surah 5 verse 6

What causes you to lose your wudu:

1. Any excretion that comes out from your private area or back side.
2. Going into a deep sleep or losing consciousness.
3. Passing wind
4. Touching your private area (skin to skin contact)

Wiping over your socks

If you have performed wudu on your bare skin and then put socks on before breaking your wudu, there is an easement which Allah has given the Muslims. The next time you make wudu, you can wet your hand and wipe over your sock instead of taking your sock off. This allowance lasts for 24 hours after you performed your first wiping. For any confusions, please refer to the email below.

Ghusl (Full Body Wash)

This **MUST** be performed prior to prayer, if you had a wet dream, sexual intercourse with your spouse, or at the end of your menses (for women).

1. Perform the steps of wudu except for your feet.
2. Wash your hands
3. Wash your hair
4. Wash the rest of your body (only excluding the parts mentioned in steps 2 and 3) beginning with the right side without touching your private area.

After you finish wudu, you can recite this:

Ash-hadu al-laa eelaaha illa Allah, wah-da-who laa sha-ree-kah-lah,
wa ash-hadu an-na Mu-ham-madan ab-du-hu wa ra-su-lu-hu
(I bear witness that there is no god worthy of worship except Allah,
without any partners, and that Muhammad is His slave and messenger.)

**For more info, please email:
programs@icfoundation.com**

Wudu (Ablution)

